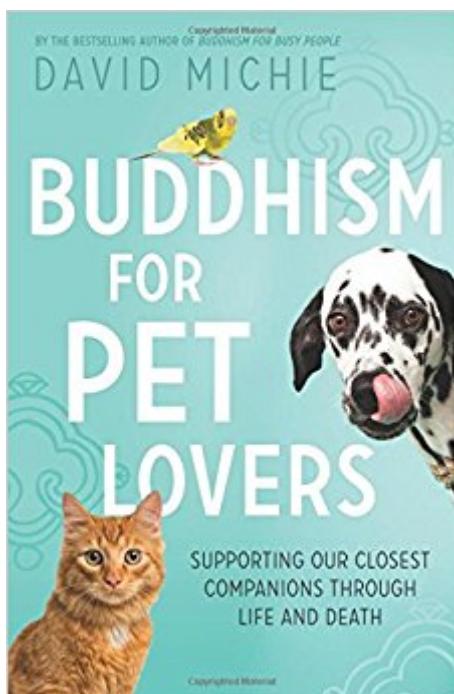


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# Buddhism For Pet Lovers: Supporting Our Closest Companions Through Life And Death



## Synopsis

The bonds we share with our pets go beyond words and are often deeper than many of our human relationships. What is the nature of these close connections? And what if our influence on pets, both in life and especially through sickness and death, is far more powerful than we ever conceived? David Michie draws on ancient Buddhist wisdom, supported by contemporary science, to provide fascinating insights into animal consciousness. He proposes that the pets with whom we share our lives are not there by accident. Whether your animal companion has fur, feathers or fins, he offers a treasury of practical tools to enhance your relationship with them in everyday life, as well as during times of challenge. Written with humour and compassion, and including extraordinary true stories from around the world, *Buddhism for Pet Lovers* reveals how our animal companions may indeed be among our most precious partners. For in helping them, our own lives are incomparably enriched too. 'If you have ever deeply loved an animal, this is, without doubt, the book for you.' Gail Pope, BrightHaven 'Our pets offer us one of our greatest opportunities to add compassion to the world. This book helps direct us to a path toward the blossoming of that opportunity.' Carl Safina, author of *Beyond Words*, and *What Animals Think and Feel*

## Book Information

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## Customer Reviews

It is a great book for people who have not thought in that way or the ones who have and are afraid to let any one know about it. Interesting to any Animal lovers whether pets of free living. Yes some people keep their pets like prisoners, that is a fact. But not the getting to know more about the subject and reading this book.

Wonderful book, David at his best!

First of all, I have loved everything David Michie has written - both fiction and non-fiction. I had 'played' with the concepts of Buddhism but had been reticent to commit fully because there was so much I didn't know/understand. From the first book that really enabled me to understand "Buddhism for Busy People" I was hooked. This created, for me, an insightful and easily digestible melange of concepts that I was able to put into practice immediately. In *Buddhism for Pet Lovers* we have the same outline. If you have ever wondered about how your pet came to you or even how a wild animal 'fell' into your life (the baby squirrel that fell from the tree and was rejected by mom or the fawn that was also abandoned by mom but fell in love with your dog and they became best friends, etc) this book will give you some wonderful insights. Let alone the dog that alerted you to a fire or the cat that saved a child from drowning or the bird that knew when you were coming home before you got in your car at the office....there is a reason for all of these instances and in this book you will begin to understand why. Compassion is the foundation of the philosophy of Buddhism, you will often see the words loving kindness & compassion in relation to the belief. What these words mean with regard to your beloved pets is what this book is all about. If you love your 'fur baby' (feather baby, et al) beyond belief and consider them family, you must read this book ~ it will be as important to your deepening your understanding of your pet as the need for them to be fed and nurtured daily. In his previous book series "The Dalai Lama's Cat", Michie investigates the world through the eyes of a feline rescue - the world of both his Buddhist master (Dalai Lama) and the non-Buddhist world around them. It is flavored with insight, humor, intrigue and every page is packed with loving kindness and compassion. I think Michie must have been encouraged to delve further into this subject by his devout readers/fan base and his publisher because his past books have been so incredibly successful - not only in readership, but in the big changes his readers have achieved in their lives as a direct result of reading his eloquent and powerful words. Michie came to Buddhism, it might be said, through the back door...his life was like most of us, packed with demands, stress and at the end of the day not much to show for the endless days, weeks and months in the grind, other than bad health and attitudes. He stumbled into a meditation hall and pretty much from that point forward his life opened up like the proverbial lotus flower. In *Buddhism for Pet Lovers*, we find that his animal loving heart is on full display - or should I say his loving heart, as it seems to extend to all aspect of life & the living from his books. If you have ever wondered how and why your pets have come into your life and what their purpose might be in your life and in the world, then you need to put this book on your must read list and stack it on your nightstand NOW! If you consider your pet to

be a living being that just shares the same space with you from time to time - then move on, this isn't for you. If you consider your family member that happens to have a tail or wings or large ears or fur or scales or feathers to be an integral part of your life, your world and a large part of your & your families heart, then you absolutely must read this book. If you have read this far, trust me when I tell you - this book was written for you. Your life will be richer, your baby will be more understood and together a deeper union of understanding will be developed. If you don't have a pet yet, but have been thinking about it, this book will help you understand why pets are such an incredibly important part of our lives - why their presence not only enriches, but enlivens and broadens our understanding for and appreciation of ourselves, our families and the world we live in. Any book that encourages love, compassion and a greater understanding, deeper thought and respect for ALL life is one we all need to read and keep reading each and every day we are blessed with a human life. Go now & buy this manual for you & your family!

Since 2012 I have been reading David Michie books. I started with the The Dalai Lama's Cat. OK, what got my interest? The cat on the front cover, yes I'm a BIG time cat lover. I have long communicated with animals and I have been enlightened with the ways of Buddhism. No, I do not practice it as a way of life like some people do. But the more I read David's work the more I realize, I do practice Buddhism. I love the way David points out how we communicate with our pets, how they can help us learn life lessons, how our journey together was meant to be and how we can help them cross over. Treating them with respect, we learn to respect ourselves and others. They do understand us and they truly TRY to communicate with us. In reading the book it brought back many many memories of occasions of communication with my past friends. None of my "friends" were sought out. They came into my life as needed. And yes, I have had 2 dogs in my life & 3 that were short lived. In reading the book you will find heart warming stories and information to help you develop mindfulness so you can start working with your "friend". Enjoy!

You don't need to be a Buddhist to benefit from the insights about your pet in this soulful book. Michie is a Buddhist meditation teacher and author of the beloved fiction series: The Dalai Lama's Cat. He brings his signature blend of heart, humor and wisdom to explain the Buddhist view on life, death and the afterlife of pets. I found the curated stories riveting and life affirming. If you've ever wondered why a special pet has come into your life, every chapter will deepen your understanding.

Buddhism for Pet Lovers is an excellent primer in relating to one's companion animals, for

those new to Buddhism, the curious, and for Dharma practitioners wondering how to share their spiritual lives with their animals. One sentence sums up the essence of the book: “The spiritual lives of our pets are inextricably bound up with our own spiritual lives.” Michie presents the science of animal consciousness intertwined with the spiritual principles of Buddhism applied to relating to animals. First, all creatures are viewed as “Mother sentient beings,” to be treated with love and respect. We need to practice mindfulness and be fully present for our pets, not mindlessly multi-tasking. Animals, Michie observes, may be more mindful and aware of the present moment than many humans. Michie suggests practices such as meditating with one’s pets, putting their well-being first, and supporting them through life, illness, and eventual transition into death.

I love this book! It is so enlightening and thanks to David Michie for sharing the Buddhist view about our pets through their life and death! Manythings he talked about in the book, I already felt but he just confirmed them! A true keeper to go back to over and over for pet lovers!

Extremely well-written and approachable, and full of so much information!!! Thought-provoking and comforting, engaging and amusing, a must-read for anyone who has ever had a pet. It's not necessary to be Buddhist or even know about Buddhism, there is something here for anyone with an open heart! Highly recommend!!

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